

# Tenderfoot Personal Growth Agreement Conference

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age: \_\_\_\_\_\_yrs \_\_\_\_\_\_\_months School Grade: \_\_\_\_\_\_\_

I have been a Scout since \_\_\_\_\_ / \_\_\_\_ / \_\_\_\_\_\_\_, which amounts to \_\_\_\_\_\_\_ months.

SCOUT SPIRIT:

I have tried to live up to the Scout Spirit by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ADVANCEMENT:

From First Aid, I learned \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

From the physical fitness, I learned \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

From the buddy system, I learned \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How hard was it working on these skills? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

CAMPING:

Since joining the Troop, I have attended the following camping trips:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I liked the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ best because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The most important thing(s) I have learned from camping is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SERVICE:

I have assisted on the following service projects: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I ( ) did, ( ) did not like it because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PATROL:

I am in the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Patrol. I think it is a ( ) good, ( ) fair, ( ) poor Patrol. I ( )like,

( ) don’t mind, ( ) dislike being in it. My Patrol leader ( ) does, ( ) does not tell me what is

happening in the Troop and Patrol. He ( ) does, ( ) doesn’t let me take part in the activities and

work of the Patrol. He ( ) does, ( ) doesn’t help me on my advancement and skills.

TROOP:

The things that I have enjoyed the most since joining the Scouts are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The things I ( ) like, ( ) dislike, most about this Troop are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I think the Troop is ( ) Great, ( ) Good, ( ) Fair, ( ) Mediocre, ( ) Poor

SCOUT SPIRIT:

I will continue to show my Scout Spirit by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Tenderfoot Personal Growth Agreement Conference Continued

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ADVANCEMENT:

What cooking requirements are needed to earn the Second Class rank?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What are the swimming requirements? Do you know the Safety Afloat Plan?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I have studied the Scout Oath and Law and ( ) can, ( ) can not recite them verbatim and explain

their meanings.

I ( ) can, ( ) can not describe the Scout Badge and explain its meanings.

I ( ) do, ( ) do not know all the Progress Awards (Ranks) and ( ) can, ( ) can not identify each.

I shall try to earn my \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Progress Award by \_\_\_\_\_ / \_\_\_\_ /\_\_\_\_\_\_\_.

CAMPING:

The things that I want to learn more about or improve upon in my camping are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I will try to accomplish this by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SERVICE:

I will try to live up to the Second part of the Scout Oath and the Third part of the Scout Law by

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PATROL:

Now that I am passing my first Progress Award, I would like to help my Patrol by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I would like to become the Patrol ( ) Quartermaster, ( ) Hikemaster, ( ) Grubmaster, ( ) Scribe,

( ) Funmaster, ( ) Color Guard, or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I would like to see the Patrol \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TROOP:

The things that I would like to see the Troop change or improve upon are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I think the Troop should do more \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I think the Troop should do less \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

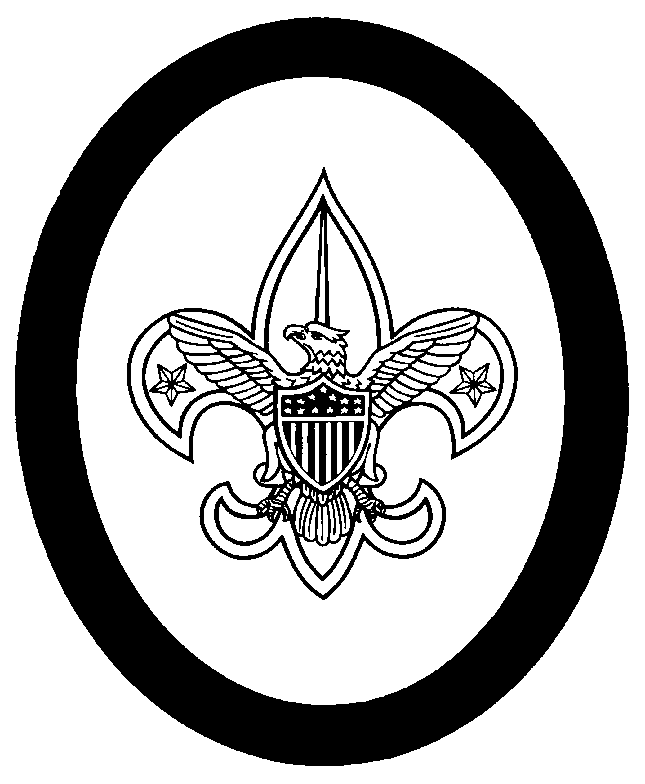
I will try to help the Troop by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Respectfully submitted: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

( ) Accepted

( ) Not Accepted \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Scoutmaster. Dated: \_\_\_\_\_ / \_\_\_ / \_\_\_\_\_\_

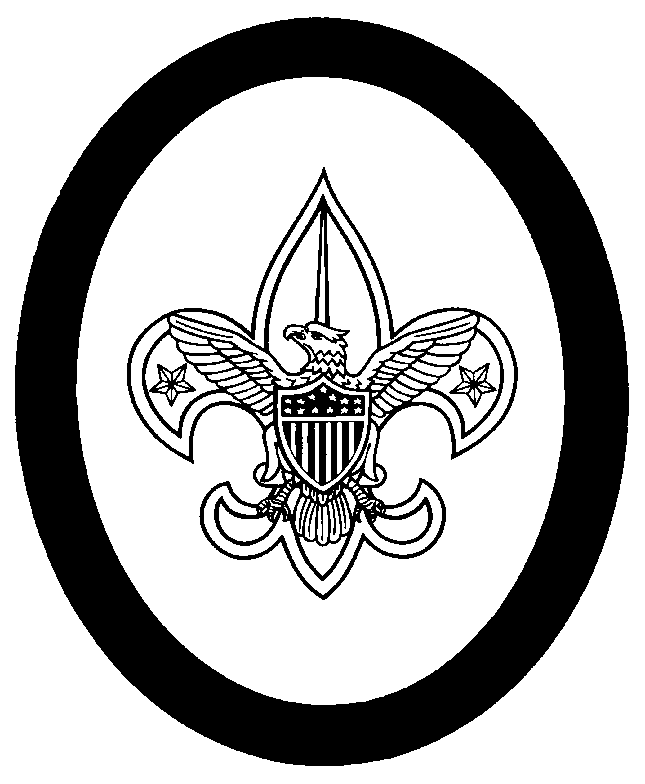
Recommendations:



**Tenderfoot Rank Requirements for**

Scout\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_

|  |  |  |
| --- | --- | --- |
| **Date/Initials** | **#** | **Requirements** |
|  | 1 | Present yourself to your leader, properly dressed, before going on an overnight camping  trip. Show the camping gear you will use. Show the right way to pack and carry it.. |
|  | 2 | Spend at least one night on a patrol or troop camp out. Sleep in a tent you have helped  pitch. |
|  | 3 | On the camp out, assist in preparing and cooking one of your patrol’s meals. Tell why it is  important for each patrol member to share in meal preparation and cleanup and explain the  importance of eating together. |
|  | 4a | Demonstrate how to whip and fuse the ends of a rope. |
|  | 4b | Demonstrate that you know how to tie the following knots and tell what their uses are:  Two half hitches and the taut-line hitch. |
|  | 4c | Using the EDGE method, teach another person how to tie the square knot. |
|  | 5 | Explain the rules of safe hiking, both on the highway and cross-country, during the day and  at night. Explain what to do if you are lost. |
|  | 6 | Demonstrate how to display, raise, lower, and fold the American flag. |
|  | 7 | Repeat from memory and explain in your own words the Scout Oath, Law, motto, & slogan. |
|  | 8 | Know your patrol name, give the patrol yell, and describe your patrol flag. |
|  | 9 | Explain the importance of the buddy system as it relates to your personal safety on outings and in your neighborhood. Describe what a bully is and how you should respond to one. |
|  | 10a | Record your best in the following tests:  **Current results 30 days later**  Push-ups \_\_\_\_\_\_ Push-ups \_\_\_\_\_\_  Pull-ups \_\_\_\_\_\_\_ Pull-ups \_\_\_\_\_\_\_  Sit-ups \_\_\_\_\_\_\_ Sit-ups \_\_\_\_\_\_\_  Standing Long Jump Standing Long Jump  (\_\_\_\_\_ft \_\_\_\_in) (\_\_\_\_\_ft \_\_\_\_in)  ¼- mile walk/run \_\_\_\_\_ ¼- mile walk/run \_\_\_\_\_ |
|  | 10b | Show improvement in the activities listed in requirement 10a after practicing for 30 days. |



**Tenderfoot Rank Requirements continued for**

Scout\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_

|  |  |  |
| --- | --- | --- |
| **Date/Initials** | **#** | **Requirements** |
|  | 11 | Identify local poisonous plants: tell how to treat for exposure to them. |
|  | 12a | Demonstrate how to care for someone who is choking. |
|  | 12b | Show first aid for the following:   * Simple cuts and scrapes * Blisters on the hand and foot * Minor (thermal/heat) burns or scalds (superficial, or first-degree) * Bites or stings of insects and ticks * Venomous snakebite * Nosebleed * Frostbite and sunburn |
|  | 13 | Demonstrate Scout spirit by living the Scout Oath and Scout Law in your everyday life. Discuss four specific examples of how you have lived the points of the Scout Law in your daily life. |
|  | 14 | Participate in a Scoutmaster Conference. |
|  | 15 | Complete your board of review. |

### Note: Alternate requirements for the Tenderfoot rank are available for Scouts with physical or mental disabilities.

* The requirements for Tenderfoot, Second Class, and First Class ranks may be worked on simultaneously; however,

these ranks must be earned in sequence.