

Daisy Petal Activities



Daisy Blue [Promise Center](#) Girl Scout Promise

Learning Petals:

Light Blue	Honest & Fair
Yellow	Friendly & Helpful
Spring Green	Considerate & Caring
Red	Courageous & Strong
Orange	Responsible for what I say and do
Purple	Respect Myself & Others
Magenta	Respect Authority
Green	Use Resources Wisely
Rose	Make the world a better place
Violet	Be a sister to every Girl Scout

Please note that this is a compilation of Daisy Girl Scout Petal Projects from many different leaders. It is to be used to **supplement**, not replace, The Guide for Daisy Girl Scout Leaders.

[Daisy Blue Promise Center - Girl Scout Promise](#)

1. Make a Girl Scout Law bracelet using the colors of the petals.
2. CREATE A PERSONAL PROMISE POSTER
 - A. READ: Show girls a copy of the Promise and read through it. (We do this at beginning of every meeting.)

B. DISCUSS: Begin to go through the Promise by breaking it down into 3 segments: Serving God -- Serving my Country -- Helping People

C. PANTOMIME AND PICTURES: As we went through each section (It took us parts of 2 meetings to do it all) I would ask the girls for examples of how they could do these things. Then one or two of them would get up and mime this suggestion. I then used my camera and took a picture of them doing that activity. I had also brought in some 'creative props'. By creative I mean they were props that were intended to be creatively used to be anything we needed: a large cooking spoon, some Tupperware, a scarf, etc. They used these things for all sorts of things. EX: Tupperware containers on their heads to represent bike helmets; the spoon became a toothbrush, etc.

D. PICTURES TO POSTER: I happen to have a digital camera and can print out pictures easily at home... but it can be done with a regular camera. I'll explain how in a moment. The next week I brought in a large version of the Promise for each of the girls. I printed it out on my computer large enough so that it took 2 pieces of letter sized paper. Make sure there is plenty of space between each line of the Promise. Give the girls copies of the pictures and let them choose which ones they want to use and paste them in the correct areas.

E. Decorate the White Space: After they cut and pasted the pictures in place the girls used crayons or markers to decorate the rest of the paper with flowers or whatever they chose.

F. A NICE FINISHED LOOK: I then took home their work, put them on a larger piece of colored construction paper so they each had a pretty border. The final step for me was to laminate it so it would all stay together and they would feel good about putting on their wall at home.

G. HELPFUL NOTES - "Helping People" was obviously the easiest one for the girls to come up with suggestions for. I'm glad it was last on the list. Here are notes about how I defined or redefined the other two sections of the Promise:

Light Blue - Honest & Fair

1. Have a game day and talk about how it's not fun to play with cheaters. (I'm sure you can find better words than that!!)
2. We had an Egg Hunt for our "honest and fair" petal. Each girl was allowed to find 5 eggs. Once they reached their goal they had to assist the other girls until everyone found 5 eggs. They were little troopers. I think that they had more fun helping each other.
3. We read the book "The Emperor's New Clothes" and talked about being honest. We also made "Honest Pretzels" (checked out the book from the library) to eat for a snack.

Yellow - Friendly & Helpful

1. Read the Brownie Story. Each time the girls hear the word helpful, have them stand up and shout "Helpful!" Then send them home with little sheets of paper that say, "A girl scout was here". Each time they do a good deed/chore without being asked, they can leave a slip of paper.
2. I have one of my Daisies be a helper at each meeting. So they are not earning this petal all at the same time, but all will have a chance to be a helper and earn the petal.
3. We read the bible story about the good Samaritan, and we made a Christmas card for our mailman for each girl to put in their mailbox.

Spring Green - Considerate & Caring

1. Secret pals! - Have each girl pick out of a hat and have them bring a special gift to the next meeting - something they've made (if you go with a purchased item, make sure you put a \$\$ limit on the spending!)... Or even better – send the gift in the mail or drop it off on the front porch – girls love getting mail. Then you could have each girl bring a card to the next meeting to reveal herself.
2. We made cards to take to a nursing home and then went and spent time with the older folks of our town
3. Caroling at a nursing home
4. We made get well cards for a few of our parents. Three of them had surgery all in the same week. We also made "thank you" cards right after the holidays to say thank you to some of their relatives that spoiled them rotten.
5. Here is a craft we did with our Daisy troop during a Mother/Daughter Ice Cream Social. It was very well received. "I Love You To Pieces Frame"
materials:

8 Popsicle sticks per frame

lots of multi-colored small puzzle pieces

one hand-made puzzle piece with the words "I love you to pieces"

tacky glue

scissors

photo

Assemble the frame by gluing the Popsicle sticks into a square shape, with 2 Popsicle sticks per side. Glue the puzzle pieces haphazardly around the frame overlapping to make at least 2 layers. Cut the photo (we brought a Polaroid camera and took instant photos of the mom and Daisy) to fit into the frame. Once

the glue is mostly dry and holding the frame together, glue the photo to the back of the frame. (optional: glue or tape a piece of clear plastic over the photo first). Then when it is all glued together, glue the handmade puzzle piece that says "I Love You to Pieces" onto the frame in your desired location. (I printed up the words on the computer in a fancy font and pre-cut them for the Daisies). If you like, to finish the back, you can glue cardboard over the photo and hot glue a wire to hang it with, or a triangle piece of cardboard for a stand, or however you like.

Red - Courageous & Strong

1. My girls earned this petal as they practiced for their bridging ceremony. We talked about how it is sometimes scary to get up in front of people and that it takes "courage" and "strength". Then we practiced our ceremony until everyone felt comfortable with their parts.
2. We play a game called emotions. It requires the girls to pick out of a hat a paper that has an emotion on it, like Happy, Sad, Mad, Glad, Excited, Hurt, etc. We had adults help with the reading and each girl had to stand in front of the group and act out the emotion without talking. If your girls are shy, it could take quite a bit of courage to stand up there and do that in front of everyone.
3. We also do things with our sister troop and for them to be in front of other people they don't know is quite courageous.
4. Another great idea I've heard about is having a fashion show
5. We planned a field trip without our moms! We had parents from our sister Junior troop walk to McDonald's with us where we had dinner and then talked about one of the other petals while there. Then, we all (Jr. and Daisies) walked over to the ice cream place before walking back to our meeting place. The older and younger girls all had a good time.
6. We are having different foods that we have never tried and we are going to try them. We are also going to be learning about what it means to be strong not just by lifting weights but strong in mind too.
7. Make a growth chart to hang in their rooms so they can see how they grow.
8. I took the girls to one of our local athletic clubs where they were able to have a full hour class of gymnastics and complete a small agility course.
9. Dance Studio - The instructor spoke to the girls about eating right and exercise. They were taught some dance steps and exercised with weights.

Orange - Responsible for what I say and do

1. Do a service project that helps the environment. Pick up trash around the school, park or playground (wear gloves, of course!). Talk to the girls about how each person should help take care of the earth. Maybe plant a tree or some flowers.
2. Get a big sheet of paper and have the girls make a list of Troop rules.
3. Copy a picture from a coloring book. Have the girls color the picture. Have the girls crumple the picture into a ball. Now smooth out the picture. Note all the wrinkles left on the paper. Explain when you say something bad or mean it will always leave a mark on that person. Some marks don't show but others do. A girl scout's job is to be responsible and not say things that might hurt someone on the inside. Discuss what words hurt and what words are nice.
4. Responsible for what I do can be as simple as having the girls always wear their seat belts when in a car.
5. Have the girls think about what chore they could do to help mom do around the house and one that they can do at the Daisy meetings to help out, like take out the trash or push in the chairs at the end of the meetings. They have a chart to take home and check off for two weeks.

Purple - Respect Myself & Others

1. Have a Doctor, Nurse or Dentist talk to the girls about how important it is to take care of themselves, maybe visit their office.
2. We put together care packages of toothpaste, toothbrushes, hairbrushes, wet wipes, soap, and combs. The girl each received one and we donated the others to a shelter. We talked about proper hygiene and why it is important.
3. This one was a little tough at first....it was planned for the end of our year which coincided with Mother's Day, so we talked about showing respect for our mom's, and had a Mom's Day tea, where the girls made gifts for them, as well as serving them a special tea menu...I also explained that using manners and showing respect is a way to respect one's own self, in that others will treat you the way you treat them.

Magenta - Respect Authority

1. Field trip to our local police station for a tour. The officer gave an age-appropriate tour, including the holding cell, the firing range and the motorcycle garage. It made a big impression on the girls.
2. Have someone in authority, principal, police officer, fire fighter, etc, talk to the girls about what it means to have their job and how people depend on them.
3. We made a trip to the fire department. They gave us a tour, allowed the girls to try on their uniforms, and squirt the fire hose. They talked about fire safety. We made them a special card to thank them. We also decorated all of their chalkboards while we waited for them to return from a fire. As we were arriving - they were leaving. It was rather exciting for the girls to see.

Green - Use Resources Wisely

1. Old paper in rolls that were going to be thrown away because the new machine used regular paper. Scraps of construction paper, markers, shoe boxes, Popsicle sticks and miscellaneous craft stuff left over from other projects, then set it out with NO instructions other than "make something." All 20 girls were almost instantly busy. Some worked together on a long mural with the fax paper, others decorated shoe boxes, some made picture frames with the Popsicle sticks.
2. Collect aluminum cans for recycling.
3. Visit a recycling center
4. Take a trip to the local library.
5. Make paper from all of our construction paper scraps
6. Each girl brought a newspaper, a can, and tab tops from soda cans. We walked to the daycare and dropped off the can tabs. They redeem them for \$\$ to pay for up keep of the facility. We dropped off the newspapers at the bin in the parking lot. We dropped off the cans as well. We talked about the importance of recycling and explained what a landfill was.
7. I had the girls decorate re-usable plastic cups for our meetings...we discussed recycling and littering.
8. We practiced some "leave no trace" skills by cleaning the playground.
9. We had a relay race with recyclables. We made a pile of mixed recyclables (plastics, tin/aluminum, newspapers, etc) and had a separate box labeled for each type of recyclable. One by one the girls put one item at a time into the correct box. As a group they worked together doing this 3 times. We timed them each time as they raced against the clock. It was a lot of fun!

Rose - Make the world a better place

1. Plant sunflower and daisy seeds for the girls to take home.
2. Go to a recycling center and practice recycling at home.
3. Do a local community clean up or plant trees on earth day.
4. Plant a flower garden as a "thank you" to the church/school for allowing us to use it as a meeting place
5. Make baby quilts to donate. Because I have a sewing business I have access to a number of sewing machines, which makes it doable. I try to have one adult and one machine for each girl. All of the squares (4"x4") are cut in advance. Each girl makes a diagonal five square and six squares make a baby quilt. We talk about matching colors and how to choose fabric patterns that will go together. I then have them choose 5 pieces of a pattern that they like and lay them out on the table in a diagonal line. Then they choose 4 each of two more patterns that will go with the first and line them up along the sides of the first line. The process is repeated for 3, 2, and 1. They then pin one row and sew it, continuing until all the rows are sewed. Then they sew the rows together to finish the square. We always have someone that gets their rows turned around so I help them take it out and fix it, as this age it's to frustrating for them to try this themselves. Our diagonal five pattern is below:

5 4a 3a 2a 1a

4b 5 4a 3a 2a

3b 4b 5 4a 3a

2b 3b 4b 5 4a

1b 2b 3b 4b 5
6. We did a quick unit on taking care of pets and animal safety...we also visited our local veterinarian's office, and made a pet supplies donation to our local animal shelter.
7. Make bird feeders out of recycled materials.

Violet - Be a sister to every Girl Scout

1. Find a Troop outside of your area to be Pen Pals with
2. Have a Sister Brownie Troop
3. Have a Thinking Day party
4. We did a study on Australian Girl Guides, complete with an Aussie snack and craft
5. Make swaps for sister brownie troop
6. Have a Daisy party for all the Daisy troops in town (that's assuming that there's more than 1 Daisy Troop!)

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Helpful Web Sites for Daisy Leaders

<http://jenefer.speedyweb.com/daisyhelps.shtml> - Daisy Girl Scout Help Site

<http://www.geocities.com/Heartland/Pointe/9385/meetings.htm#daisy> - First four meetings for Daisies

<http://riverdaledistrict.homestead.com/Sparksideas.html> - Themes for Sparks (Daisies)

<http://www.geocities.com/alamitosmarina/dsylinks.html> - Links for Daisies

Wonderful Websites for all levels

<http://www.girlscouts.org> - GSUSA main website

<http://www.girlguides.ca/> - Girl Guides of Canada main website

<http://www.niftyguidinglinks.ca/> - Nifty Guiding Sites

<http://www.angelfire.com/ct/cgrob123/> - Robinson's Cyber Station -

This is a site that you'll use again and again! It has GS poems, recipes, stories, leader tips, and more, more!

<http://www.scouter.com/compass/default.asp> - This is mainly a Boy/Cub Scout site, but also has links for Girl Scout Camps, graphics, crafts, activities, etc.

<http://www.kidslist.uc.edu/kidslist/gs.html> - Lots of Links!

<http://groups.yahoo.com/group/north4cluster/files/>

<http://www.kid-at-art.com/> - The Imagination Factory -

The Badge Matcher will help you find art and craft activities that meet some of the requirements for Girl Scout badges and Brownie Try-Its.

One of the purposes of The Imagination Factory is to encourage visitors to take care of our natural resources, so most activities can be used to help earn awards such as Earth is Our Home and Eco-Action. Since many are especially important in making people aware of the solid waste problem, they are listed separately in the Badge Matcher.

<http://www.naturely.com/> - Nature activities that tie in with Girl Scouts

<http://www.praypub.org> - For information on non-Catholic religious awards

<http://hometown.aol.com/GSMomJoann/FavoriteURLsIndex.html> - More Tons of links!

<http://www.historicallyspeaking.net/patchprograms.htm> - Historical Patch Programs.
Includes patches for various states and countries!

<http://www.geocities.com/gsgreenneck/scouthome.html> - Sarah's Scout Haven -
Leader info, Badge / IPP Links, Games, Thinking Day, Ceremonies and more!

<http://www.scoutingweb.com/scoutingweb/> - Scouting Web, all about Girl Scouts on the Web

<http://www.gsosu.ascinet.com/outdoor.html> - Girl Scouts of Olentangy –
A great source of leader info

<http://www.geocities.com/troop1087/links.html> - Lots of links and Helps!

<http://www.geocities.com/Heartland/Prairie/1054/> - Birthplace of Girl Scouting

<http://www.geocities.com/EnchantedForest/Meadow/7190/bookstore/girlscouts.html#Juliette> - Books for Girl Scouts

<http://www.girlscouts.org/about/International/PenPals.htm> - International Pen Pals requirements for supplementing home-school curriculum

<http://www.crwflags.com/fotw/flags/us.html> - American Flag